

## BODILY KINESTHETIC ACTIVITIES:

Create  
a mime expressing  
the emotions that are  
involved when in a  
threatening situation

Throw a ball to a partner,  
each time you have the ball  
you are to share what you  
think bullying looks like in  
everyday life

Act  
out a  
scene where  
a girl is by herself  
on the school  
playground and she is being  
teased by a group of children.  
What resolution can you  
come up with to  
solve the  
problem?

Think  
of a  
team  
building  
game that you  
can share with the  
class which will  
encourage our peers  
interacting in a positive way.

Make up a bully-  
free school chant  
(like a song) to  
share with your  
friends.